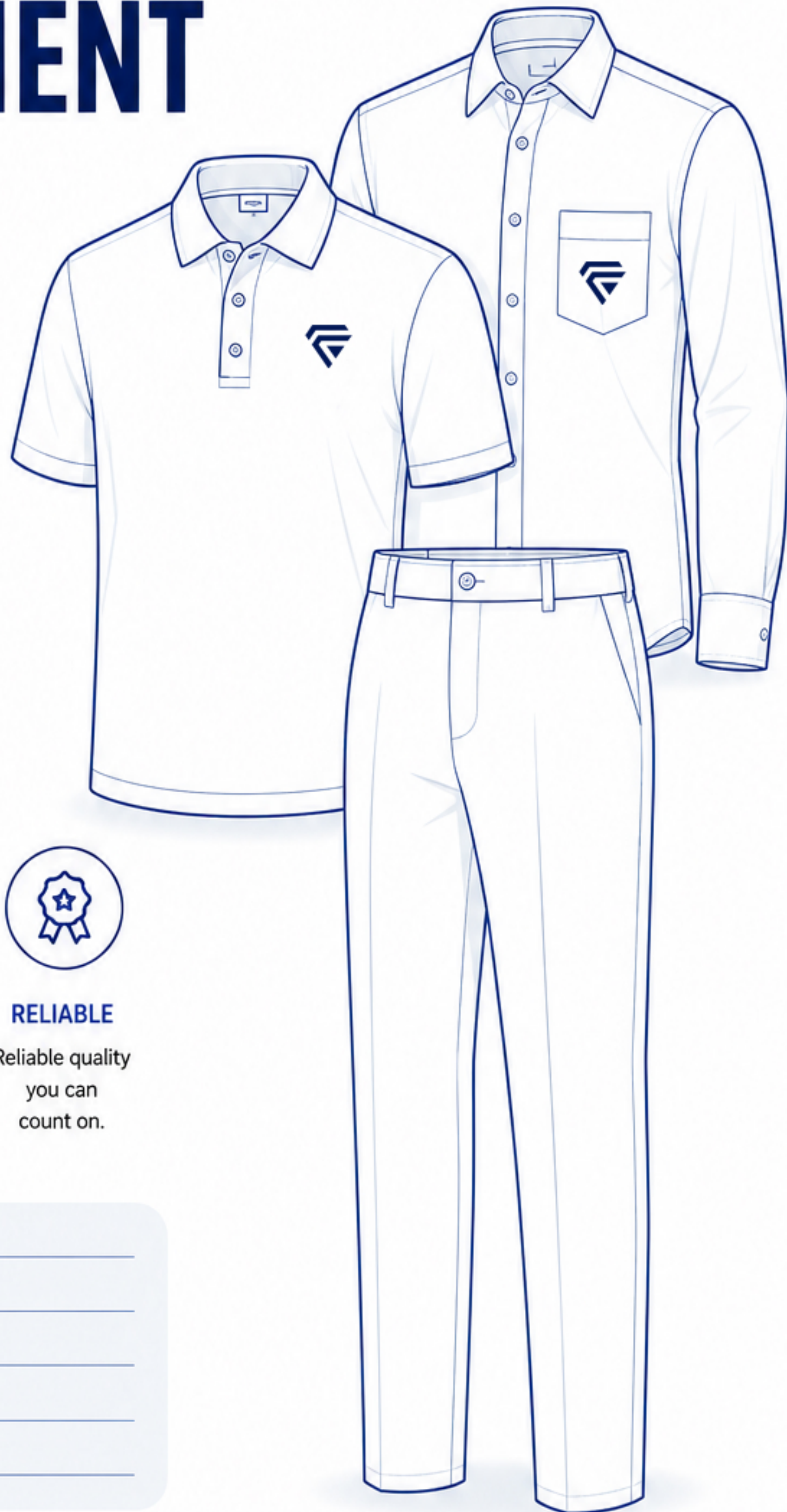




MEASUREMENT SYSTEM

ACCURATE MEASUREMENTS. PERFECT FIT.

This measurement system ensures accurate body measurements for consistent sizing and the best possible fit for every uniform order.



ACCURATE

Precise measurements for the best fit.



PROFESSIONAL

Professional process from start to finish.



CONSISTENT

Consistent sizing for your entire team.



RELIABLE

Reliable quality you can count on.

COMPANY / CLIENT _____

CONTACT PERSON _____

PHONE / EMAIL _____

DATE _____

PROJECT / ORDER NO. _____



ALL MEASUREMENTS MUST BE RECORDED IN CENTIMETERS (CM).



BEFORE YOU START MEASURING

Follow these simple steps to ensure accurate measurements and the best possible fit for every uniform.

1 WEAR LIGHT CLOTHING

Wear light and close-fitting clothing. Avoid thick or bulky garments.



2 STAND NATURALLY

Stand upright in a natural position with your arms relaxed at your sides and feet shoulder-width apart.



3 USE A SOFT TAPE

Use a soft measuring tape. Keep the tape snug but not tight. Do not pull too hard.



4 MEASURE OVER LIGHT CLOTHING

Do not measure over thick clothing or outerwear.



5 MEASURE TWICE

For best results, measure each point twice and record the same value.



1ST MEASUREMENT



2ND MEASUREMENT



TIPS FOR BEST RESULTS

- ✓ Keep the tape level and parallel to the floor.
- ✓ Record all measurements in centimeters (cm).
- ✓ Keep the tape snug but comfortable.
- ✓ Double check all measurements for accuracy.
- ✓ If between sizes, follow the size chart guidance.

i ALL MEASUREMENTS MUST BE RECORDED IN CENTIMETERS (CM).

STAFF MEASUREMENT SUMMARY

Use this summary sheet to record all staff measurements collected during the on-site measuring session.
Each staff member must have an individual measurement sheet completed.

COMPANY / CLIENT

DEPARTMENT / LOCATION

MEASURING DATE

MEASURING TEAM

PROJECT / ORDER NO.

UNIFORM TYPE

GENDER

NOTES

☐ Male

☐ Female

☐ Unisex

NO.	STAFF NAME	GENDER (M/F)	DEPARTMENT / POSITION	TOP SHEET (ID)	PANTS / SKIRT SHEET (ID)	SIZE (ALLOCATION)	REMARKS
1							
2							
3							
4							
5							
6							
7							
8							
9							
10							
11							
12							
13							
14							
15							
16							
17							
18							
19							
20							



CHECK BEFORE SUBMITTING

Make sure all staff have been measured and all sheets are completed clearly and consistently.

✓

All staff measured

✓

Individual top sheet completed for each staff

✓

Individual pants / skirt sheet completed for each staff

✓

Size allocation reviewed

✓

All data verified

 ALL MEASUREMENTS MUST BE RECORDED IN CENTIMETERS (CM).

FABRION

MEASUREMENT SYSTEM

03 / 06

INDIVIDUAL UNIFORM TOP SHEET

Record all body measurements for uniform tops, polo shirts, shirts, blouses, jackets and upper-body uniforms.
All measurements must be recorded in centimeters (cm).

SHEET ID _____

DATE ____ / ____ / ____

COMPANY / CLIENT _____

PROJECT / ORDER NO. _____

STAFF NAME _____

EMPLOYEE ID / STAFF NO. _____

DEPARTMENT / POSITION _____

GENDER ☐ Male ☐ Female ☐ Unisex

HEIGHT _____ cm

WEIGHT _____ kg

SIZE (ALLOCATION) _____

FIT PREFERENCE ☐ Slim ☐ Regular ☐ Relaxed

NOTES / FIT ISSUES _____



PHOTO
(OPTIONAL)

HOW TO MEASURE

1NECK



Measure around the base of the neck.

2SHOULDER WIDTH



Measure from the edge of one shoulder to the other.

3CHEST



Measure around the fullest part of the chest.

4WAIST



Measure around the natural waistline.

5SLEEVE LENGTH



Measure from the top of the shoulder to the wrist.

6BICEP



Measure around the fullest part of the bicep.

7WRIST



Measure around the wrist bone.

8FRONT LENGTH



Measure from the highest point of the shoulder to the desired hem.

9BACK LENGTH



Measure from the center back of the neck to the desired hem.

MEASURING TIPS



Keep the tape level and parallel to the floor.



Keep the tape snug but comfortable.



Measure each point twice and record the same value.



All measurements must be recorded in centimeters (cm).

NO.	MEASUREMENT	MEASUREMENT (CM) 1ST	MEASUREMENT (CM) 2ND	FINAL (CM)	REMARKS
1	Neck				
2	Shoulder Width				
3	Chest (Fullest Part)				
4	Waist (Natural Waist)				
5	Sleeve Length (From Shoulder to Wrist)				
6	Bicep (Fullest Part)				
7	Wrist (Wrist Bone)				
8	Front Length (From Shoulder Point)				
9	Back Length (From Center Back Neck)				

SPECIAL NOTES / FIT ISSUES

MEASURED BY _____

DATE ____ / ____ / ____

CHECKED BY _____

DATE ____ / ____ / ____

i ALL MEASUREMENTS MUST BE RECORDED IN CENTIMETERS (CM).

INDIVIDUAL UNIFORM PANTS / SKIRT SHEET

Record all body measurements for pants, trousers, shorts and skirts.
All measurements must be recorded in centimeters (cm).

SHEET ID _____

DATE ____ / ____ / ____

COMPANY / CLIENT _____

PROJECT / ORDER NO. _____

STAFF NAME _____

EMPLOYEE ID / STAFF NO. _____

DEPARTMENT / POSITION _____

GENDER

☐ Male

☐ Female

☐ Unisex

HEIGHT _____ cm

WEIGHT _____ kg

SIZE (ALLOCATION) _____

FIT PREFERENCE

☐ Slim

☐ Regular

☐ Relaxed

NOTES / FIT ISSUES _____



PHOTO
(OPTIONAL)

HOW TO MEASURE

1

WAIST



Measure around the narrowest part of the waist.

2

HIP / SEAT



Measure around the fullest part of the hips / seat.

3

FRONT RISE



Measure from the front center of the waist, down through the crotch to the seam at the waist.

4

THIGH



Measure around the fullest part of the thigh.

5

KNEE



Measure around the knee.

6

OUTSEAM LENGTH



Measure from the top of the waist down to the bottom hem.

7

INSEAM LENGTH



Measure from the crotch down to the bottom hem.

8

LEG OPENING



Measure around the leg opening / bottom hem.

NO.	MEASUREMENT	MEASUREMENT (CM) 1ST	MEASUREMENT (CM) 2ND	FINAL (CM)	REMARKS
1	Waist (Narrowest Part)				
2	Hip / Seat (Fullest Part)				
3	Front Rise				
4	Thigh (Fullest Part)				
5	Knee				
6	Outseam Length				
7	Inseam Length				
8	Leg Opening / Hem Width				

MEASURING TIPS



Keep the tape level and parallel to the floor.



Keep the tape snug but comfortable.



Measure each point twice and record the same value.



All measurements must be recorded in centimeters (cm).

SPECIAL NOTES / FIT ISSUES

MEASURED BY _____

DATE ____ / ____ / ____

CHECKED BY _____

DATE ____ / ____ / ____

i ALL MEASUREMENTS MUST BE RECORDED IN CENTIMETERS (CM).

SIZE ALLOCATION SHEET

Use this sheet to allocate the correct sizes for each staff member and calculate the total production quantity by size and by garment type. This sheet will be used as the production reference document.

SHEET ID _____

DATE ____ / ____ / ____

COMPANY / CLIENT _____

PROJECT / ORDER NO. _____

DEPARTMENT / TEAM _____

UNIFORM TYPE _____

TOTAL EMPLOYEES _____

NOTES _____

PRODUCTION DATE ____ / ____ / ____

REQUIRED DELIVERY DATE ____ / ____ / ____

REVISION NO. _____

PREPARED FOR _____

MEASUREMENT DATE ____ / ____ / ____

NO.	EMPLOYEE ID / STAFF NO.	STAFF NAME	DEPARTMENT / POSITION	TOP SIZE		BOTTOM SIZE		TOTAL SET (QTY)	REMARKS
				SIZE	QTY	SIZE	QTY		
1									
2									
3									
4									
5									
6									
7									
8									
9									
10									
11									
12									
13									
14									
15									
16									
17									
18									
19									
20									

TOTAL QUANTITY BY SIZE

 TOPS (ALL TYPES)	XS	S	M	L	XL	2XL	3XL	4XL	5XL	TOTAL TOPS (PCS)
 BOTTOMS (ALL TYPES)	XS	S	M	L	XL	2XL	3XL	4XL	5XL	TOTAL BOTTOMS (PCS)

TOTAL GARMENTS (TOPS + BOTTOMS)

TOTAL (PCS)

PREPARED BY _____

NAME _____

DATE ____ / ____ / ____

SIGNATURE _____

CHECKED BY _____

NAME _____

DATE ____ / ____ / ____

SIGNATURE _____

APPROVED BY (CLIENT) _____

NAME _____

DATE ____ / ____ / ____

SIGNATURE _____

 All sizes must be confirmed before production. Any changes after production starts may affect delivery time and cost.